



# MICRO TASKS



S4B

**Note to user:** After familiarizing with each video pill, the user will be provided with the opportunity to perform several tasks/activities/games in order to practice and further develop the respective skill.

## SKILL

### EMPATHY

## MICRO TASK NUMBER 2

### I Appreciate...

#### 01 What are the objectives of the task?



Regular and effective feedback is one of the most important ingredients for building constructive and empathetic relationships. "I Appreciate..." is a good exercise in empathy. It focuses on sharing appreciation and curiosity for others, peers and students. It can be done face-to-face or online.

#### 02 What will teachers learn?



They will learn feedback exercises that will help teachers to be empathetic and learners to build trust and openness. Feedback exercises should always be done with caution, and can for example be done on a weekly basis, or with the assessment of each topic or class.

The teacher can, for example, do this with the students who have performed less well in the assessment of the subject, or in taking the exams, or with those students who have more learning difficulties.



## 03 Tasks and procedure



"Write down the name of the pupil or classmate you are addressing.  
Complete the following two sentences for that person.

Use the principles for effective feedback. Sign it with your name.

"To \_\_\_\_\_:

What I appreciate most about you is.....

What I would most like to see from you is....

From, \_\_\_\_\_."

The teacher completes the above sentences using a post-it or digital sticky note for the learner(s) to be addressed.

For example

I appreciate the effort you have made studying the topic despite the difficulties you have had.

What I would most like to see from you would be for you to try to be more confident and to improve yourself a little more each day so that your results are better and better, because I know that you are a student with a lot of potential.